Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems has affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.



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CONSENT TO TREAT, INSURANCE ASSIGNMENTS, FINANCIAL AGREEMENT, AUTHORIZATION TO **RELEASE INFORMATION AND PRIVACY NOTICE ACKNOWLEDGEMENT**

1 **CONSENT TO MEDICALTREATMENT**

The undersigned consents to the medical and therapy care, as may be deemed necessary or advisable in the judgment of my physician or other provider. Which may include but are not limited to laboratory procedures, x-ray examination, medical or therapy treatment, or other services rendered the patient under the general and special instructions of the patient's physician.

2. ASSIGNMENT OF INSURANCE BENEFITS AND AUTHORIZATION TO RELEASE INFORMATION

In consideration of services rendered, I hereby transfer and assign to Campbell Chiropractic all rights, title and interest in any payment due to me for services described herein as provided in the above-mentioned policy or policies of insurance. The clinic may disclose all or any part of the patient's record (including psychiatric, alcohol and drug abuse, family member or employer of the patient for all or part of the clinic's charge, including but not limited to medical service companies, insurance companies, workman's compensation carriers, welfare funds or the patient's employer.

- 3. FINANCIAL AGREEMENT The undersigned agrees, whether he/she signs as agent or as patient, that in consideration of the services to be rendered to the patient, he/she obligates himself/herself to pay the account of the clinic in accordance with the regular rates and terms of the clinic. Should the account be referred to an attorney for collections, the undersigned should pay reasonable attorney's fees and collection expense. The undersigned certifies that he/she has read the foregoing receiving a copy thereof and is the patient or is duly authorized by the patient as patient's general agent to execute the above and accepts its terms.
- MEDICARE / MEDICAID Patient's certification authorization to release information and payment request. I 4. certify that the information given to me in applying for payment under Title XVIII/XIX of the Social Security Act is correct. I authorize that any holder of medical or other information about me to release to Social Security Administration/Division of Family Services or its intermediaries or carries any information needed for this or a related Medicare/Medicaid claim. I hereby certify all insurance pertaining to treatment shall be assigned to the
- 5. USE OF COPIES I permit a copy of these authorizations and assignments to be used in place of the original,

PAYMENT RESPONSIBILITY I understand that certain insurance claims may be filed as a courtesy. 6. However, if a claim is denied for any reason, I am responsible for payment. Insurance is considered a method of reimbursing the physician for services rendered to the patient. Some companies pay fixed allowances for certain procedures, and others pay a percentage of the charges. I understand it is my responsibility to pay any CO-PAY, DEDUCTIBLE, CO-INSURANCE, OR ANY OTHER BALANCE NOT PAID FOR BY MY INSURANCE OR THIRD PARTY PAYOR WITHIN A REASONABLE PERIOD OF TIME NOT TO EXCEED 60 DAYS.

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGMENT

I have received on this, or a prior occasion, the Health First, Notice of Privacy Practice and acknowledge that I have a copy of the notice or that I requested, and was given a copy.

If patient is a minor, I hereby authorize	
accompany this minor to his/her treatment	, to

DATE: PATIENT NAME PATIENT/LEGAL GUARDIAN SIGNATURE WITNESS

Campbell Chiropractic

5008 Atwood Drive Suite 4 Richmond, KY 40475 Phone 859-626-8833 Fax 859-626-8832

Patient Name:			
	Date of Birth:		
Appointment Date/Times Lab Tests/Results Other (specify):	ose the specific information described rmation to be discussed:All Diagnosis Summary of Medical Record	below, only to the par unless specified belov X-ray Results Care Plan	rties described below w Medications Bills/Insurance
Information may be shared with Name:		Phone:	
Specify expiration date of	in effect from the date signed below t	until (please check one PIRATION DATE	;):
I understand that:			
more people listed above.	ted health information to be used or d n writing by contacting your office. pbell Chiropractic the right to discus rsuant to the authorization may be su PAA.	s my medical informat	ion with the one or
and be protected by the HII	PAA.	bject to re-disclosure t	by the recipient and
Signature:			
Relationship to Patient (If signed	has a second s	Date:	

Relationship to Patient (If signed by personal representative of Patient):

. . .

Patient Name

Form BI100

Back Index

Date

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- The pain comes and goes and is very mild.
- The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- 3 The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

Sleeping

- I get no pain in bed.
- I get pzin in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%. Because of pain my normal sleep is reduced by less than 75%.
- S Pain prevents me from sleeping at all.

Sitting

- I can sit in any chair as long as I like.
- I can only sit in my favorite chair as long as I like.
- Pain prevents me from sitting more than 1 hour.
- ③ Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- S avoid sitting because it increases pain immediately.

Standing

- I can stand as long as I want without pain.
- I have some pain while standing but it does not increase with time. I cannot stand for longer than 1 hour without increasing pain.
- ③ I cannot stand for longer than 1/2 hour without increasing pain. I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

Walking

- I have no pain while walking.
- I nave some pain while walking but it doesn't increase with distance. 2 I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- I cannot walk more than 1/4 mile without increasing pain.
- I cannot walk at all without increasing pain.

Personal Care

- I do not have to change my way of washing or dressing in order to avoid pain.
- I do not normally change my way of washing or dressing even though it causes some pain
- Washing and dressing increases the pain but I manage not to change my way of doing it.
- ③ Washing and dressing increases the pain and I find it necessary to change my way of doing at
- Because of the pain I am unable to do some washing and dressing without heip
- Because of the pain I am unable to do any washing and dressing without help.

Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it causes extra pain.
- Pain prevents me from lifting heavy weights off the floor.
- Pain prevents me from lifting heavy weights off the floor, but I can manage ദ if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- S I can only lift very light weights.

Traveling

- I get no pain while traveling.
- 1 get some pain while traveling but none of my usual forms of travel make it worse.
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 1 get extra pain while traveling which causes me to seek atternate forms of travel.
- Pain restricts all forms of travel except that done while lying down. S Pain restricts all forms of travel.

Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc). 3
- Pain has restricted my social life and I do not go out very often. Pain has restricted my social life to my home.
- I have hardly any social life because of the pain.

Changing degree of pain

- My pain is rapidly getting better. ര
- My pain fluctuates but overall is definitely getting better.
- My pain seems to be getting better but improvement is slow. Ø
- My pain is neither getting better or worse.
- My pain is gradually worsening.
- S My pain is rapidly worsening.

Back Index Score

Index Score = [Sum of all statements selected / (# of sections with a statement selected \times 5)] \times 100

Neck Index

Form N1-100

Patient Name

Date

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- I have no pain at the moment.
- The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- ③ The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- S The pain is the worst imaginable at the moment.

Sleeping

- I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- Ø My sleep is mildly disturbed (1-2 hours sleepless).
- ③ My sleep is moderately disturbed (2-3 hours sleepless).
- Any sleep is greatly disturbed (3-5 hours sleepless).
- S My sleep is completely disturbed (5-7 hours sleepless).

Reading

- I can read as much as I want with no neck pain.
- I can read as much as I want with slight neck pain.
- 2 I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain. I can hardly read at all because of severe neck pain.
- S I cannot read at all because of neck pain.

Concentration

- I can concentrate fully when I want with no difficulty.
- 1 can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- ③ I have a lot of difficulty concentrating when I want.
- I have a great deal of difficulty concentrating when I want. I cannot concentrate at all.

Work

- I can do as much work as I want.
- ① I can only do my usual work but no more.
- 2 I can only do most of my usual work but no more.
- I cannot do my usual work.
- I can hardly do any work at all.
- I cannot do any work at all.

Personal Care

- I can look after myself normally without causing extra pain.
- 0 I can look after myself normally but it causes extra pain.
- It is painful to look after myself and I am slow and careful.
- (3) I need some help but I manage most of my personal care.
- I need help every day in most aspects of self care.
- I do not get dressed, I wash with difficulty and stay in bed.

Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- 3 Pain prevents me from titing heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- I can only lift very light weights.
- S I cannot lift or carry anything at all.

Driving

- I can drive my car without any neck pain.
- $oldsymbol{0}$ I can drive my car as long as I want with slight neck pain.
- I can drive my car as long as I want with moderate neck pain.
- ③ I cannot drive my car as bng as I want because of moderate neck pain.
- I can hardly drive at all because of severe neck pain.
- I cannot drive my car at all because of neck pain.

Recreation

- I am able to engage in all my recreation activities without neck pain.
- I am able to engage in all my usual recreation activities with some neck pain.
- I am able to engage in most but not all my usual recreation activities because of neck pain.
- (3) I am only able to engage in a few of my usual recreation activities because of neck pain.
- I can hardly do any recreation activities because of neck pain. I cannot do any recreation activities at all.

Headaches

- I have no headaches at all.
- I have slight headaches which come infrequently.
- I have moderate headaches which come infrequently.
- (3) I have moderate headaches which come frequently.
- I have severe headaches which come frequently. 6
 - I have headaches almost all the time.

^{Lindex-Score ~ [Sum of all statements selected / (# of sections with a statement selected x-5)] x 100-}

Neck Index Score AL 227.7007